

# QUESTIONS TO ASK YOUR DOCTOR (For Adults)

If you suspect that you may have a concussion, you should see your doctor right away.  
This is a list of questions you can take with you.



## INITIAL TREATMENT AND OBSERVATION

What kind of medication can I take?  
Does someone need to be with me at all times?

## WHAT I CAN DO

Can I eat? Will I have an upset stomach?  
What kind of activities can I do at this stage of recovery?  
  
Can I read/use the computer/play video games?  
When can I go back to work?  
When can I return to physical activity?  
Can I drive?

## SYMPTOMS

What symptoms should I be watching for?  
How soon will symptoms begin to improve?  
How long will these problems last?

## THE RISKS

What is the risk of a future concussion?  
What is the risk of long-term complications?

## FOLLOW-UP WITH THE DOCTOR

When should I come back to see you?  
Under what circumstances should I call you?  
Should a specialist be consulted?  
Are there any resources you recommend?

**ADDITIONAL QUESTIONS:**